**Newport Ecology Camp 2018 Packing List:**

**To Bring:**

* Water shoes (mud boots or sandals with a neoprene sock if cold)
* Running or hiking shoes
* water repellent or rain pants

**We have limited packing space. Be space conscious and don’t bring unnecessary items.**

* rain coat
* warm layers for under your rain clothes
* gloves / mittens/ warm hat
* sunglasses, sunscreen, hat/cap
* sweat pants
* tee shirts
* sweatshirt
* wool socks / slippers
* long underwear
* Clean undergarments for each day and 1-2 pairs of socks per day
* 2 large garbage bags (for wet clothes and shoes)
* Travel size toiletries
* Deodorant
* Toothpaste / toothbrush
* Small Towel
* Sleeping bag
* Pillow
* Bowl / plate
* Silverware
* Mug
* Lunch for Friday and personal snacks
* Water bottle
* Headlamp / flashlight
* Note book
* Pens / pencils (must have a pencil for field studies)
* Calculator
* Daypack
* Any medication needed (including inhalers or bee sting medicine)- labeled with a note from parent or guardian
* Ecology Camp Handbook

**Optional items:**

* Binoculars (if you have them)
* Digital camera (if you have one)
* Spending money for stops and souvenirs
* Bring electronics at your own risk

**Please make appropriate and responsible decisions when deciding what to bring on this trip.**